

**July 17**    **#AintintheBible**    **Week 2**  
*God Helps Those Who Help Themselves*

**Look up:**    **Psalm 121:1-8 NLT**

- 2 My \_\_\_\_\_ from the \_\_\_\_\_,  
who made heaven and earth! ...
- 5 The Lord \_\_\_\_\_ over you!

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The **problem** with *helping ourselves* is:

We become our \_\_\_\_\_ of help and  
strength, and God is \_\_\_\_\_.

**Look up:**    **Proverbs 28:26**

Those who \_\_\_\_\_ in \_\_\_\_\_ are fools,  
but those who walk in wisdom are kept \_\_\_\_\_.

**Write down:**    **Jeremiah \_\_\_\_:**\_\_\_\_\_

**Romans 5:6 NLT**    **6** When we were utterly \_\_\_\_\_,  
Christ came at just the \_\_\_\_\_ time and died for us sinners.

God helps those who realize they \_\_\_\_\_  
\_\_\_\_\_.

Too many times, we ask God for help, but then \_\_\_\_\_  
Him to \_\_\_\_\_!

**Look up:**    **Micah 7:7-8 NLT**

**7** As for me, I look to the Lord for help. I wait  
\_\_\_\_\_ for God to save me, and my God will  
certainly hear me. **8** Do not gloat over me, my enemies! For  
though I fall, I will \_\_\_\_\_.

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**NEXT STEPS:**

- \_\_\_ Am I still trying to be the captain of my own ship?
- \_\_\_ Do I really listen for and to the guidance of the Holy Spirit?
- \_\_\_ Am I willing to actively wait on the Lord?
- \_\_\_ Do I seek Christ first?

